

TIPS FOR FAMILIES



HIKES WITH OPPORTUNITIES TO PLAY

„Die sagenhafte Welt des Toni“ - Ritten

Toni, the eagle, shows his fascinating world to on the new adventure trail at Ritten: 11 play stages, made of natural materials, have been set up, e.g. the giant eagle's nest to climb around or the water world with Kneipp basin and water channels. You will see also the Schlern witches, King Laurin and Willeweis!



Starting point: Mountain station Rittner Horn, Schwarzseespitze peak

Walking time: 38 Minutes (without breaks)

High difference: 63 m

Route: 2,3 km

„Gufiweg“ trail in Gufidaun

The Gufiweg is a circular trail, perfect for families with children and largely also suitable for strollers.

During the walk you will be accompanied by Gufi, the owl, who tells children exciting stories about characters and places from times gone by. Along the trail you will also find great playgrounds, benches, lookout points and refreshment stops.

Starting point: Fire station Gufidaun

Walking time round trip: 35 Minutes (without breaks)

High difference: 734 m

Route: 1,7 km



„Woody Walk“ on the Plose Mountain



The well-known WoodyWalk near Brixen is a panoramic path suitable for strollers with a magnificent view of the Dolomites. The fun trail for the whole family is short, entertaining, exciting, educational and offers countless opportunities to play.

Along the trail there are numerous attractive stages that provide variety and invite you to play and rest, such as: the "Ploseblitz", the "Glockensee" or the "Nicht-den-Boden-berühren-Weg" (Don't touch the floor), the forest telephone, the climbing tree with ox cart and the whip throne, Kneipp facility, giant loungers or Viking ship.

Starting point: Mountain station Plose

Walking time: 1.5 hours (without breaks)

High difference: 100 m

Route: to the Rossalm 2.3 km; as a circular walk 5 km

Oswald Von Wolkenstein Trail

Near the mystical ruins of Hauenstein and Salegg, the Oswald von Wolkenstein trail winds through the forest. The theme trail, a 1.5km long circular walk, is dedicated to the famous minnesinger and tells of the time of knights and damsels. In this area, the Oswald von Wolkenstein Ride also takes place every year in early summer. 15 stages await young and old explorers along the way.



Starting point: Valley Station Seiser Alm Bahn

Walking time: 2 hours (without breaks)

High difference: 220 m

Route: Circular hike 5.2 km

ADVENTURE PARK JOCHTAL

The Adventure Park Jochtal is an adventure trail leading from the mountain terminal of the Jochtal cable car to the Steinermandl panoramic platform. The hiking trail is suitable for prams, and there are huts along the way which invite you for a tasty stopover.

Starting point: mountain terminal of the Jochtal cable car

Walking time: 1h

High difference: ca. 162m

Route: 3,13 km

Difficulty: easy

SUN PARK GITSCHBERG

The Sun Park at the mountain Gitschberg is an ideal location for families. It is situated by the Nesselbahn lift mountain terminal, which makes it easily accessible with a pram.

Starting point: mountain terminal of the cable car Nesselbahn at the mountain Gitschberg

Walking time: 00:19h

High difference: ca. 98m

Route: 0,63 km

Difficulty: easy

ACTIVE PLAYGROUND TERENTEN

The active playground in Terenten is located in the middle of the village of Terenten. It is an ideal meeting point to play, laugh and enjoy.

What expects you? A minigolf course, a volleyball court, a playground with a giant slide, a climbing tower, and a water park.

THE ELVES' TRAIL IN VINTL

From Vandoies di Sopra/Obervintl to the waterfalls in Obervintl leads the Elves `trail, which features exciting sights for young and old. Along the path, eleven child-friendly stations reveal interesting facts and stories.

Starting point: Obervintl

Walking time: 00:55h

High Difference: ca. 150 m

Route: 3,06 km

Difficulty: easy

BUNKER RECREATION AREA SPINGES

From Mühlbach leads a hiking trail to the neighbouring village Spinges. Along the path, you can enjoy beautiful views and you pass several sights. Arrived at the Bunker, two slides, a climbing tower, a lookout tower and lots of fun await you.

Starting point: Mühlbach

Walking time: 02:00h

High difference: ca. 596 m

Route: 3,38 km

Difficulty: medium-difficult

HIKES FOR FAMILIES WITH CHILDREN

BARBIAN

Starting point: Barbian Village

From the village – direction of Saubach to Haus Urban – turn right in the „Wasserfallweg“ until you reach the Waterfall.

Particularity: Kneipp pool along the path & waterfall at the end

Duration: approx. 1 hour (One way only)

High difference: approx. 100 m

Starting point: Barbian Village

From the village – Direction north to Raiffeisenkassa bank – trail no. 11 to Dreikirchen – Way back via trail no. 6 – from Feistegg no. 3 to Wieserhof – no. 6A and via “Wasserfallweg” back into the village.

Particularity: Dreikirchen can be visited in the summer

Duration: approx. 2 hours

High difference: approx. 280 m

FELDTHURNS

Starting point: Schnauders Village

Via „Panoramaweg“ to Glanger and following the direction to Verdings – trail no. 1 B – Chestnut Trail back to the village

Particularity: Deer preserve at the Glangerhof

Duration: approx. 1.5 hours

High difference: approx. 170 m

Starting point: Schnauders, Skilift Maders

Ziel: Garn Village

Duration: approx. 50 Minutes (one way only)

High difference: approx. 120 m

VILLANDERS

Starting point: Villanders Village

From the village – Chestnut Trail – „Törggellesteig“ to Sauders – back via the “Kirchsteig”

Particularity: at the first section there is a small waterfall; in spring small goats can be seen above Sauders at the "Gann".

Duration: approx. 1.5 hours

High difference: approx. 160 m

Starting point: Villanders Village

From the village via trail no. 3A to the San. Anna church and back via trail no. 3

Particularity: at the San. Anna Church is a large meadow - perfect for a picnic

Duration: approx. 2.5 hours

High difference: approx. 280 m

HIKES SUITABLE FOR PRAMS

BARBIAN

Starting point: Barbian Village

Village Barbian on the sidewalk until Gasthof Kircher Sepp - right downhill on the road past Unteraichnerhof to Bühler - sidewalk to Village Barbian.

Duration: approx. 1.5 hours

High difference: approx. 80 m

Starting point: Barbian Village

Barbian Village - Sidewalk to Fössinger - trail no. 11 to Barbian sports area - Return on the road to Kreuzer - Barbian Village

Duration: 1.5 - 2 hours

High difference: approx. 100 m

VILLANDERS

Starting point: Hotel Sambergerhof

Senior path to Pfunderer Weather Cross - back on the same flat forest path

Duration: approx. 1 hour

High difference: approx. 40 m

VILLANDERER ALM

Starting point: parking lot Gasserhütte

Gasserhütte – Mair in Plun – Stöflhütte – back in the direction to the Rinderplatz.

Duration: approx. 2 hours

High difference: 300 m

LATZFONSER ALM

Starting point: parking lot Kühhhof

Arrival point: Klausnerhütte

Duration: approx. 1.5 - 2 hours (nur Hinweg)

High difference: approx. 400 m

Starting point: parking lot Kaseregg

Ziel: Stöflhütte

Duration: approx. 1 hour (one way only)

High difference: approx. 100 m

SECTION OF THE HANS AND PAULA-STEGER-TRAIL (SEISER ALM)

Starting point: Compatsch, mountain station of the Seiser Alm Aerial Cableway

Arrival point: Laranzer Schwaige hut

Parking: Seis, valley station of the Seiser Alm Aerial Cableway - followed by a gondola ride to Compatsch

Duration: 1 h 35 min

Distance: 5,4 km

High difference ascent: 124 m **High difference descent:** 70 m

Difficulty: easy

THE GOURMET TOUR (SEISER ALM)

Starting and arrival point: Compatsch, mountain station of the Seiser Alm Aerial Cableway

Parking: Seis, valley station of the Seiser Alm Aerial Cableway - followed by a gondola ride to Compatsch

Duration: 3h

Distance: 11 km

High difference ascent: 194 m **High difference descent:** 192 m

Difficulty: easy

THE WITCHES' SPRINGS IN SALTRIA – SENSORY ADVENTURE TRAIL (SEISER ALM)

Starting and arrival point: Saltria, Seiser Alm

Parking: Seis, valley station of the Seiser Alm Aerial Cableway - followed by a gondola ride to Compatsch

Duration: 1 h 30 min

Distance: 3,4 km

High difference ascent: 87 m **High difference descent:** 87 m

Difficulty: easy

AT THE PUFLATSCH (SEISER ALM)

Starting and arrival point: Compatsch, mountain station of the Seiser Alm Aerial Cableway

Parking: Seis, valley station of the Seiser Alm Aerial Cableway - followed by a gondola ride to Compatsch

Duration: 3h

Distance: 8,8 km

High difference ascent: 333 m **High difference descent:** 333 m

Difficulty: medium

COMPATSCH – PANORAMA – TSCHAPIT (SEISER ALM)

Starting and arrival point: Compatsch, mountain station of the Seiser Alm Aerial Cableway

Parking: Seis, valley station of the Seiser Alm Aerial Cableway - followed by a gondola ride to Compatsch

Duration: 3 h 20 min

Distance: 10,9 km

High difference ascent: 382 m **High difference descent:** 382 m

Difficulty: difficult

OTHER ACTIVITIES

CASTLE PRÖSELS (VÖLS AM SCHLERN)

Visit the Castle Prösels and discover the historic courtyard, the idyllic chapel, the cosy fireplace room, the splendid knight's hall, the private rooms of Leonhard von Völs or the terrifying armoury.

Opening hours:

From May until the end of October

SUN-FRI, Saturday closed

The Castle Pröbels can only be visited on guided tours

Info: tel. +39 0471 601062 or info@schloss-proesels.it

Escape Room: THE DRAGON RUBY HUNT

Are you looking for an exciting challenge as family (children older than 9 years) and want to use all your senses to solve riddles and complete the given quest? There is a task for you at the Castle Prösels: the goal is to find the legendary „dragon ruby“, whose touch promises you luck.

LAMATREKKING - RITTEN

Take the llamas on a hike along the Educational Trail to the Earth Pyramids. Fun for the whole family!

Every WED and FRI at 9.30 am at the farm Kaserhof in Oberbozen

Registration until the previous day at the farm Kaserhof: info@kaserhof.it

Duration: 3-4h

High difference: ca. 250m

LEISURE ACTIVITIES

- Bowling: Klostersepp in Klausen, bowling alley in Verdings, Hotel Oberwirt in Feldthurns
- Bouldering hall in Villanders

Summer activities

- Outdoor swimming pools Klausen & Feldthurns
- Waterfalls Barbian
- Visit at Castel Velthurns
- Horse riding excursion at Neuhaushof in Villanders
- Visit at the Archeoparc Villanders
- Visit at the Mountain pine distillery at Marzuner Schupfe
- Visit at the minery Villanders
- Bath at the lake „Totensee“
- Climbing park Villnöss

Winter activities

- Skiing in Schnauders
- Ice skating in Klausen / Barbian / Kollmann / Villanders
- Tobogganing: in Latzfons; Hiking with possibility of tobogganing: Villanderer Alm

GOOD TO KNOW:

from the end of June until the end of August we offer a program especially for families! Further information: www.klausen.it/familie

